



CHLOË BOWLER
complete wellbeing

SKINNY CARBONARA



Ingredients (Serves 2):

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|---------------------------------|-------------------------|
| 1. 1 Onion | 4. 50g Frozen Peas |
| 2. 2 rashers of bacon | 5. 2 tbsp Crème Fraiche |
| 3. 200g Fresh or Dried Linguine | 6. 2 eggs |

Method:

1. In a hot frying pan, add the chopped onion and the chopped bacon.
2. In a separate pan, add the linguine to boiling water.
3. When the linguine is nearly cooked add the peas to the water.
4. In a cup, beat the crème fraiche in with the eggs.
5. Drain the linguine and peas, then add in the onion and bacon, then the crème fraiche and eggs mixture.
6. Stir well and season well with salt and pepper to serve.

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