



CHLOË BOWLER
complete wellbeing

SURF & TURF SALAD



Ingredients

- **1 Organic sirloin steak**
- **12 king prawns**
- **1 lemon**
- **2 cloves garlic**
- **Mixed lettuce**
- **Handful sliced mushrooms**
- **Grilled Peppers**

Instructions

1. Trim the fat off the steak, chop into small pieces and drizzle with lemon juice & garlic, then grill.
2. Separately grill the prawns, mushrooms and sliced peppers.
3. To make the salad steam some French beans, then add the grilled prawns and peppers, and finally the steak.

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