



**CHLOË BOWLER**  
complete wellbeing

### **GOATS CHEESE MUSHROOM**



#### **Ingredients**

- 1 Portobello mushroom
- 1 slice of goats cheese
- 20g Chorizo
- 150g Spinach
- 4 Quails Eggs

#### **Instructions**

1. Preheat oven to 190°C.
2. Place in an ovenproof dish the mushroom, and crumble the goats cheese on top.
3. In a separate area of the oven dish, chop some chorizo. Place this in the oven for about 20 minutes.
4. Meanwhile, quickly cook through some spinach on the hob, then arrange on the plate with the egg chorizo, placing the mushroom on top.

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