



CHLOË BOWLER  
complete wellbeing

## **EGG FRIED RICE**



### **Ingredients (Serves 2):**

- 1 onion
- 50g rice
- 3 eggs
- 1 bunch of spring onions
- Soy Sauce
- Turmeric

### **Method:**

1. Start by steaming the rice.
2. In a pan, soften the onion and add a teaspoon of turmeric.
3. Beat the eggs and then cook in the pan.
4. When the rice is cooked through, add it to the pan.
5. Add the chopped spring onions.
6. Serve with some soy sauce.

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